

With the experience of authoring and publishing more than ten books and producing two plays, Bernette helps other people with messages the world needs to bring their books to life.

Bernette has spoken on stages about publishing and the power of story. When she's not writing or working aspiring authors, she helps women power through midlife and beyond with her That Shero Life podcast, wellness education and inspiration.

She's a certified personal trainer and nutrition coach, menopause fitness specialist, and active aging specialist. She holds an MPA from the Andrew Young School of Policy Studies at Georgia State University.

## SIGNATURE TALKS

### SUCCESS IS IN YOUR STORY

How to leverage your experience, life, and expertise to connect with your ideal clients and create the impact you desire and the life you deserve.



### SELF-PUBLISHING 101+

Bernette talks to aspiring authors and writing groups about self-publishing and her self-publishing journey. She helps guests understand the reality of indie publishing from time investment, marketing, and even the importance of interior layout and design.

# **BOOK BERNETTE:**

MHM@MountHopeMedia.com MountHopeMedia.com

